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News Advisory

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Diabetes Expo Features Free Screenings, Gail Miller as Keynote Speaker

What: The American Diabetes Association is hosting a FREE Expo with health

screenings, cooking demonstrations, product and service exhibitors, entertainment, and leading experts talking about diabetes management and prevention. The Utah Department of Health, Diabetes Prevention and Control Program will have a booth with information about community resources and

classes that teach about preventing and managing diabetes.

Why: More than 120,000 Utah adults (about 6 percent of adults, or one in 17) have been

diagnosed with diabetes. Roughly 45,000 more have diabetes but have not yet been diagnosed (making the total number of adults with diabetes about 165,000—or 8 percent—of the adult population). Because they are not diagnosed, and therefore not being treated, these individuals are vulnerable to complications that could be delayed or prevented. In addition, about one in three adults have prediabetes. Prediabetes raises a person's risk of type 2 diabetes, heart disease, and stroke. For information on diabetes, visit http://health.utah.gov/diabetes/

Who: Sean Busby, professional snowboarder living with diabetes, 10:00 a.m.

Gail Miller, wife of the late Larry H. Miller and owner of Larry H. Miller Group

of Companies, Keynote Speaker, 11:00 a.m. **Liberty Afeaki**, Miss Tonga Utah, 12:00 p.m.

Burgandy Keel, Biggest Loser contestant from Eagle Mountain, 1:00 p.m.

When: Saturday, February 26, 9 a.m. to 4 p.m.

Where: South Towne Expo Center, 9575 South State Street, Sandy, UT 84070

For a detailed schedule, visit www.diabetes.org/exposaltlakecity.

Photo and video opportunities with Sean Busby and Liberty Afeaki will be at the Active Living Stage at 9:45 a.m.